



The distinctiveness of our Ezingweni Day Bush Spa lies in its essential qualities, where our therapist are seen as keepers of water, Capturing nature's powerful healing essences, through touch smell and taste.

*Treatments are world class and have been developed uniquely for the spa
On arrival, a personal consultation with the expert therapists will ensure your most appropriate treatments.*

- Dermalogica facials for men and women-



True skin health comes from a customized product regimen designed especially for your skin. Ezingweni Day Spa achieves this through face mapping, skin analysis and the subsequent prescription of your product regimen.

Each superior treatment is enhanced by a welcome touch, a luxurious de-stress scalp treatment for the ultimate in scientific skin-therapy.

-Essential Facials

Aromatic Facial – Basic Facial

A basic cleansing facial with the added benefits of Aromatherapy Essential Oils, makes this facial unforgettable, leaving the skin hydrated and deep cleansed.

60 minutes

R390.00

Problematic Skin- MediBac Clearing Treatment

Acneic skin types require extra care and specialized ingredients to address seriously evident concerns such as acneic break outs, black heads and irritated skin leaving the skin visibly disinfected, wonderfully alleviated and decongested.

60 minutes

R430.00

Men's Exclusive Skincare Treatment

This deep cleansing treatment takes factors such as shaving habits into account to prevent ingrown hairs and other skin problems unique to men, leaving your skin revitalized.

60 minutes

R430.00

-Advanced Prescriptive Facials

Age Smart

Counteract the aging process with a proven-effective, replenishes the skin while combating the aging signs. This luxurious treatment improves elasticity and texture, improving the skin's oxygenation and suppleness while reducing signs of aging.

75 minutes

R520.00

ChromaWhite

Accelerate brightening, improve skin tone, enhance skin clarity and create a fresher, healthier appearance with this effective treatment. This Powerful treatment minimizes the appearance of sun and age spots, smoothing fine lines and shields your skin against further environmental damage.

75 minutes

R520.00

Sensitized

Sensitive skin treatment using environmental control system for repairing and soothing sensitized or stressed skin. This healing and immensely calming treatment is completed with a special masque that will instantly calm and heal the skin.

75 minutes

R520.00

Specialised eye treatments

These treatments can be added on to any treatment including facials and wraps.

Specialised Eye Treatment for Puffiness & Dark Circles

Multivitamin Power Firm

Counteract puffiness and dark circles. This eye mask treatment soothes, cools, and decongests the fragile eye area visibly reducing puffiness and dark circles, rendering your eyes visibly rejuvenation.

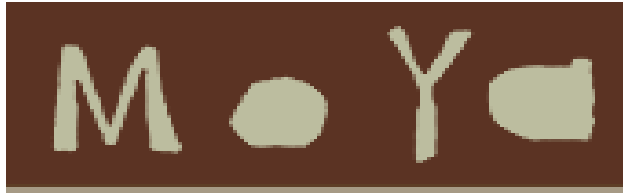
R150

Specialised Eye Treatment for Lines and Wrinkles

Power Rich

Treat your eye area to visible rejuvenation. Instantly smooth the appearance of fine lines, reduce crepiness, and rejuvenate the eye contour, for long term results.

R150



BODY TREATMENTS

Massages:

We as therapists at Ezingweni Day Spa work towards soothing mind, body and soul of each individual.

- Moya Full Body Massage

The world famous, medium-pressured muscle relaxing massage.

60mins R400

90mins R500

- Moya Aromatherapy

A holistic treatment, that works towards physical and emotional effects.

Aromatherapy essences are absorbed by your skin and inhaled through your nose creating a deeper and longer lasting effect on your whole self. Combining the relaxing effects of touch & smell to ease body and mind

60mins R450

90mins R590

- Moya African Massage

Experience the soothing abilities Africa has to offer- using a wooden rungu stick combined with deep tissue massaging-targeting the bodies tired and stressed muscles.

Amarula will be served on the outside deck, to complete Africa's all inspiring gifts

Leaving the body and soul soothed and rested.

Rungu full body massage 60min R420

Rungu banck and neck massage R270

- Moya Hair & Scalp Therapy combined with a facial massage

Starting the treatment with a Moya facial cleanse and massage, moving to the scalp-

A hair & scalp treatment that combines the power of touch & smell to relax and restore the body, a stress reducing treatment which soothes and relaxes the scalp whilst combating the effects of stress and tension and encouraging a healthy scalp. This treatment incorporates 2 techniques ; Hair Pulling which releases endorphins, thus combating migranes and headaches.

30mins R250

- Moya Back, Neck, Head and Shoulder massage

This massage helps relieve areas of tension, concentrating on the head, shoulders, upper and lower back. Stones are then bathed in warm water, anointed with spicy, sensual aromas and then placed on key energy points of the body stimulating circulation.

30mins R250

45mins R340

Hot Stone Massage

This Hot Stone massage is a unique connection with nature, offering a sense of profoundness and sacredness that we too often forget.

Creating sensations of comfort and warmth.

Allowing manipulation of a greater intensity

The direct heat of the stones relaxes muscles easier than with regular massage.

Harnessing ancient healing powers for a completely new body experience

It's a deep healing and unique moment that enhances our awareness and brings us closer to our true essence.

Full Body 60mins R450

Back and Neck 30min R300



- Therapeutic Massage

A specialized deep pressure massage. Combining different techniques to focus on areas of concern.

45mins R400

60mins R450

- Deep Tissue Massage

Deep tissue massage is a type of massage therapy that focuses on realigning deeper layers of muscles and connective tissue.

It is especially helpful for chronically tense and contracted areas such as stiff necks, low back tightness, and pain full shoulders. Also known as acupressure. A finger pressure massage, giving you an instant deep muscle and tissue relaxation.

60mins R500

- Lymph Drainage

A gentle, rhythmic, pumping and stretching massage in which the therapist controls the flow of lymph within the body. The movements direct the lymph fluid to the lymph nodes where it is filtered and waste is removed. This boosts the immune system, cleans the tissues, clears blockages, removes toxins, transports nutrients and increases blood flow and metabolism.

Lymph draining can improve one's health and promote general well-being

60mins R500

- Reflexology

The age old tradition of pressure point stimulation, Reflexology is the massage of the feet. The feet are divided into zones that represent the whole body. The massage of the nerve endings situated at the bottom of the feet triggers off a response in the body. Thorough stimulation of all reflex areas of the feet it reduces stress and tension and creates a space in the recipient's body for healing to take place.

45mins R390

EZINGWENI SIGNATURE TREATMENTS

1. African Signature Journey

This Journey combines the techniques of an African Face and Scalp Massage, Hot Stone Massage as well as Aromatherapy. This unique treatment promotes circulation, eases tension and relaxes tired muscles so you can drift away, effortlessly, in a deep, carefree sleep in a truly African environment using uniquely African products.

The African Face Massage is a natural "face lift" which works within the facial muscles to increase its natural elasticity and reduce lines and wrinkles caused by stress. At the same time the African Head Massage works on areas of mental stress and emotional fatigue. During the Hot Stone Massage, heat from the stones is released, increasing blood flow while specific problem areas can be worked on with more detail or deeper pressure. By improving circulation nervous tension is soothed which in turn improves memory and thinking clearly.

African instruments are used to begin and end your treatment to add an aurally African dimension to your whole experience. As your treatment begins, an African Monkey Ball Rattle is used to welcome you. This is used to ease you into your treatment, while an African Rain Stick ends off The Touch awakening all senses.

90mins R750

2. Moya Crystal

A whole body treatment that is proudly South African, from the indigenous oils used to the energy of the crystals, which are mined locally.

The treatment begins with an invigorating full body Ayurvedic salt rub, with specifically formulated essential oil blends, followed by a full body massage with warm crystals and facial drainage with cool crystals, to rebalance and re-energise. Breath-work is practised to calm and soothe before the massage, then there is the placement of crystals on the 7 major chakras, incorporating both crystal healing and colour therapy to balance energies and restore well-being.

The body is then massaged with warm tigers' eye crystals using a blend of Moya oils specifically formulated for the client. This is followed by a stress-relieving massage on the décolleté, crystal face drainage and a hair and scalp treatment. A gentle yet effective back massage includes placing the crystals on the 7 chakras again. Feet are treated with crystal foot drainage.

One leaves feeling cleansed and energised following the Moya Crystal Massage, a rare treat indeed.

75mins R850

3. Touch of Nature through Ezingweni

Only here will you experience the true feeling of nature's grace. Allow Mother Nature to show you the path to inner healing. Your treatment begins with our traditional foot (Water) ritual. After being exfoliated with Rooibos and Frangipani compressed leaves, leaves from the trees that grow on Ezingweni which contain natural exfoliating properties, which will leave your skin soft and silky.

You will then enjoy our signature Reflexology Walk, where your therapists will be by your side to guide you to the next step.

Continue this journey with a Candle Oil Full Body Massage, as your treatment commences breathing techniques are used to ease you into the treatment, making use of indigenous imprinted sticks as used by traditional healers. Created from wood, carrying the energy of earth, symbolising growth and abundance, with the ability to absorb and purify negativity and redirect energy flow.

Ending off with our scalp massage soothing all senses, Dermalogicas specialised eye treatment will be placed on your eyes so you can float away smoothly in a deep relaxing sleep while the foot ritual using stones (fire) ends off the Touch with the sound of the Tingsha bells bringing back true harmony clarity and pure peace.

Prolong this journey in our Outside deck where you can enjoy an Herbal tea (Water) bringing back balance to the body and soul.

Including a Lunch and a cocktail

3hrs R1100.00

Body Scrubs and Wraps

Moya Salt Glow

Applying scrub to the body in a fast moving application, improves circulation which results in draining of toxins, delivering oxygen and nutrients to cells-boosting skin radiance, and absorption of moisturizer

This Moya full Body Salt Scrub an invigorating and cleansing treatment that leaves the whole body soft, smooth and radiant

Ending off with unique creams to re-energize and restore the body
30mins R230

Body wraps 60mins R550

Body wraps boast a number of benefits from increased circulation and smoother skin to detoxification and relaxation. Aromatherapy oils with individual healing properties are added to the organically based gel wrap to match the client's individual concerns.

The treatment commences with a full body snowbush salt scrub, an invigorating and cleansing treatment that leaves the whole body soft smooth and radiant followed by the application of the wrap most suitable for you. Relax with a scalp and face massage while the wrap permeates the skin for 20mins.

Ending off with a 20mins Back Neck and Shoulder Massage

Anti Cellulite Body treatment

A unique slimming and anti cellulite treatment utilizing Cape Snowbush & Cape May extracts

Focusing on areas of the body that are difficult to reshape even after weight loss. It has been designed to reduce stubborn fatty deposits, improve the circulation in the areas of cellulite and detoxify It improves skin texture and tone.

Detox Wrap

Active Buchu extracts detoxify & restore the body.

This wrap has been designed to accelerate the removal of the foreign chemicals and to decrease the damaging effect of free radicals. This treatment is suitable for all types of skin especially dry skin.

Restore Wrap

With Cape Chamomile, soothes & relieves troubled skin.

This treatment has been designed to free up the mind and ease the stresses and strains of an emotionally demanding lifestyle. This is an excellent treatment for prematurely aged skin and dehydrated poor regeneration ability

Anti Ageing Wrap

Organically based anti-ageing & dry skin wrap.

This luxurious treatment aims to moisturize, firm, tone and improve oxygenation to the skin and is followed by the exclusive Bellabaci massage to promote relaxation and a feeling of divine privilege.

This is an excellent treatment for tired, dull and dry skin or just as an exquisite pampering experience.

Defense Wrap

Uniquely formulated from Cape Lavender & Lanyana to help boost the body's immune system

This intensive body treatment has been developed to bring both physical and emotional benefits to the client. Excellent for immune booster, hormone function and circulation.



Couples Packages

COUPLES BLISS PACKAGE

Spoil yourself and that special person with this unique experience that includes a Jacuzzi session in our Double Room, a multi-sensory experience that will leave you feeling calm as you and a partner enjoy a 60mins Swedish massage and a glass of bubbly with fruit.

1hr45mins R1000 per Couple

MOONLIGHT TREATMENT

Lose yourself in the breathtaking views of Ezingweni in our Double Room as you and your partner will experience decadent revitalization.

Start off this Premium experience with a glass of tantalizing champagne, succulent strawberries and enjoyable Picnic Basket, whilst enjoying the breathtaking views. Continue this unique journey with our welcome touch starting on the feet, hands and scalp.

This journey will awaken all your senses of smell touch and taste. Finish off with our Back and Neck Hot Stone Massage, harnessing ancient healing powers for a completely new body experience.

2hrs R2300 Per Couple

SHARE THE EXPERIENCE

This is an ideal treatment that all couples can experience together. Indulge your loved one with an afternoon or evening of unsurpassed luxury and pampering.

A side by side Moya Full Body massage ending with a 2 course spa lunch/dinner exclusively prepared for you
1hr R1060 Per Couple

AFRICAN SUNSET DE-STRESS PACKAGE

Starting the day with that special person with a full body polish treatment followed by an Aromatherapy full body massage, leaving you and your body de-stressed combined with a Moya Hair and Scalp treatment that will leave the hair nourished and moisturized. Ending your day with a relaxing Foot Massage.

*** Includes a lunch at Ezingweni

2hrs30mins R2200 Per Couple



PACKAGE FOR MEN AND WOMEN

Full Day Package

Game Drive & breakfast picnic
Welcoming African foot ritual
Moya Foot treatment & Mask
Moya facial & eye treatment
Full Body snowbush glow
Rock pool session & bubbly
Scalp Massage & Hair treatment
Hotstone Back massage
Spa lunch & an African delight
R1900 per person

Half Day Package

Welcoming African foot ritual
Moya Foot treatment
Moya mini facial
Rock Pool session & bubbly
Scalp Massage
Back and neck massage
Spa lunch and beverage
R1000 per person

JOURNEY THROUGH PARADISE

Start your day with a Salt Glow Scrub that will leave your skin revitalised and glowing followed by the Moya African Face Massage that gives your skin a vibrant glow. End off the day with nourishing paraffin Moya Foot and Back Massage. Includes a Lunch
2hrs R900 Per person

AFRICAN JOURNEY

Start of this treatments with a Moya Aromatherapy Massage and continue with the Moya African Face Massage A holistic treatment that works towards physical and emotional effects.
Aromatherapy essences are absorbed by your skin and inhaled through your nose creating a deeper and longer lasting effect on your whole self. Combining the relaxing effects of touch & smell to ease body and mind
1hr 30mins R650 Per person

SERENITY

Switch off from the outside world, and allow yourself a well-deserved break. Start the journey with a Moya Wrap filled with exhilarating fragrances to relax your mind and body. Then experience the healing power of a 60min Hot stone massage offering a sense of profoundness and sacredness. After a spa lunch, touch paradise with a head massage incorporating the curative properties of warm botanical elements. Emerge with renewed vitality.
2hrs 30mins R1250 Per person

MOYA PREGNANCY PACKAGE

A choice of any 3 out of our 5 Pregnancy Experience treatments, make up 1hr30 minutes of pure indulgence. Because you have the choice on the day, it will suit both the physical demands your body is making as well as soothing the temperament.



Moya Mini- Pedicure Experience – 30 minutes R150

A mini-pedicure to nourish the feet and maintain well groomed feet throughout pregnancy. (Incl. nail varnish)

Moya Mini-Manicure Experience – 30 minutes R130

A relaxing, calming and soothing treatment for the hands to maintain their well groomed appearance throughout pregnancy. (excl.nail varnish)

Moya Relaxing Back Experience – 30 minutes R250

A combination of massage techniques to ease back aches and muscle tension with gentle flowing movements. Moya Massage Butter is the first for massaging with and calms, relaxes and soothes the senses.

Moya tension Alleviating Head Experience – 30 min R250

A deeply relaxing head massage to de-stress the scalp, including specialised lymph drainage to improve the radiance of the face. Whilst the Moya pregnancy Hair treatment oil nourishes the Hair and Scalp

Moya Foot Experience – 30 min R230

A relaxing and soothing foot massage to alleviate swollen and painful feet, leaving you ready to face another day The Refreshing foot Mask is a must leaving your feet new.

BRIDAL PACKAGES

This can also include the Groom, Best Man, Bride's Maid's and Mother of the Bride **ALSO IDEAL FOR A GIFT** (these can be selected by the bride herself). Also available as basic packages, not just as bridal packages.

Bride & Bridesmaids Packages

Indulgence Package

Whilst the bride and her entourage enjoy their decadent and relaxing foot rituals, let them sip away at a refreshing glass of sparkling wine and fruit platter. After this luxury experience they'll move onto:

- Moya Manicure
- Moya Pedicure
- Moya Body Wrap with a Back Neck and Shoulder Massage
- Finish off this day with a lunch at the spa.

This package could be used the day before the wedding or as part of the bachelorette party.

3hrs R1000 Per person

Revival Package

Start off this experience in our Rock Pool with a glass of bubbly and continue your day with a:

- Moya Foot Massage
- Moya 30min Hot Stone back Massage
- Hair and Scalp Treatment
- And Finish off with a lunch at the Spa

This package could be used the day before the wedding or as part of the bachelorette party.

1hrs30mins R800.00 Per person

Bride packages

Blossom Bride Packages

These premium packages were specially designed to add the final touches for your unforgettable day

Start off with a morning breakfast and continue with a:

- Full Body Salt Glow
- Moya French Manicure
- Moya French Pedicure
- Make Up

And finish off with a glass of bubbly celebrating your big day

3hrs R850.00 Per Person

For the bride- Because you are worth it

Treat your self with our top of the range Moya Baths and get

- Hollywood wax or Brazilian wax
- Mini Moya Manicure
- Mini Moya Pedicure Make Up

2hrs R750 Per person



Ezingweni Nail lounge

Hands and feet

We pride ourselves on our manicure and pedicure techniques. No detail is ignored as we thoroughly cleanse, groom and restore the condition of your hands and feet.
All manicure and pedicure treatments include soaking, nail shaping, cuticle care, moisturizing cream and polish to perfection.

Start off these Classical treatments with a tender exfoliation ending off with a tranquil massage (hands or feet) with a color of choice.

Classical Manicures and Pedicures include a Moya Mask leaving your skin soft and nourished



Classic Manicure 45mins	R230
Classic Pedicure 60mins	R250
The mini manicure and pedicure incl: file, paint and cuticles	
Mini Manicure	R130
Mini Pedicure	R150
Varnish 20mins	R110
This treatments includes soothing mask and a relaxing massage	
Moya Foot Massage	R180 30min
Moya Hand Massage	R180 30min

Spa essentials:

15-90mins

Lash tint	R90
Brow tint	R90
Brow shaping	R55
Waxing: Full leg, incl bikini	R300
¾ leg	R120
½ leg	R110
Underarm	R90
Standard bikini	R150
G-string	R170
Brazilian	R200
Lip/chin wax	R60

Spa Guidelines

- Bookings must be made in ADVANCE to secure treatments and therapists.
- Please arrive 10 minutes prior to your appointment to allow time for your consultation and that you may leisurely prepare for your treatment.
- Lockers are provided for your personal items and clothing.
- Ensure cell phones are switched off.
- Please bring your bathing costume along.
- Please alert your therapist of any of the following: heart conditions, high blood pressure, muscle or joint injuries, pregnancy, diabetes, epilepsy, allergies to iodine or any other products, medication such as Roaccutane or Retin-A.
- Advise your therapist on the preferred pressure for your massage.
- Besides package prices, all other prices are per treatment.
- Ezingweni Day Bush Spa is not responsible for any theft, damage, loss or misfortune that may occur.
- For any booking to be confirmed, a proof of payment is required- (e mailed)
- No cash refunds for products / gift vouchers purchased or services
- No children allowed at spa, except when booked for a treatment
- Spa facilities only available for clients receiving treatments
- Corkage fee not available personal alcohol or beverage preferences can be arranged.

Contact Details:

Deidre 082 774 1082/ deidre@ezingweni.co.za

There is no signal available at the Day Spa. When wanting to book or enquire about us telephonically and the phone just rings -please leave a text message and you will be contacted as soon as possible.

Website - www.ezingweni.co.za

Accommodation bookings and info: Anne-louise 082 821 3202/ admin@ezingweni.co.za